

NEW TO WORK REQUIREMENTS?

Enacted in July, 2025, H.R.1 changes SNAP and Medicaid eligibility and mandatory work requirements, with changes taking effect when cases are renewed.

WE CAN HELP YOU MEET THEM

If you are age 18-64, you may need to meet new federal work rules to keep your SNAP and Medicaid benefits.



If you can work, you may need to do

80 HOURS

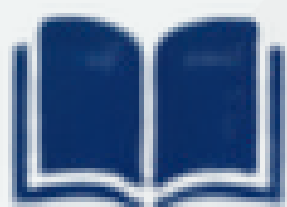
EACH MONTH.



YOU CAN MEET THE REQUIREMENT BY DOING APPROVED ACTIVITIES LIKE:



Working



Job skills training



Looking for work



Volunteering



Going to school



GET HELP. FIND RESOURCES.

SCAN THE QR CODE TO:

- Learn about the new SNAP and Medicaid rules
- Learn if the changes affect you and how to meet the requirements
- Explore job, training, education, and volunteer opportunities
- Learn how to track and report your hours

Your benefits. Your options. Your next step.

alexandriava.gov/go/8560

For reasonable disability accommodation, contact wdc@alexandriava.gov or call 703.746.5700, Virginia Relay 711.



DEPARTMENT OF
**COMMUNITY &
HUMAN SERVICES**